

Living Proud LGBTI Community Services of WA and the Mental Health Commission present



Opening Closets

Mental Health Training

The FREE **Opening Closets Mental Health Training** aims to share information and develop skills for professionals working with Lesbian, Gay, Bisexual, Trans and Intersex (LGBTI) populations. The training will focus on raising awareness of the specific needs of LGBTI mental health consumers and aims to develop worker capacity to appropriately respond to clients while promoting inclusive practice.

OPENING CLOSETS MENTAL HEALTH TRAINING WILL:

- Increase awareness and knowledge of the unique needs of LGBTI people
- Explore the key concepts and models for understanding diverse sexualities, sex and gender
- Develop worker confidence and knowledge about diverse sex and gender, particularly transgender mental health
- Improve understanding of the mental health impacts of homophobia and isolation for LGBTI people
- Outline 'best practice' standards for improving inclusive mental health service provision
- Provide valuable networking opportunities for sector workers and develop peer support resources
- Assist organisations and workers to promote their service as an LGBTI friendly environment for staff and clients

The **Opening Closets Mental Health Training** is offered for free to workers in both Government and community managed organisations and is aimed at health and community services workers with clients experiencing mental health issues.

Living Proud also offers resources and extensive policy consultancy services to support organisations to develop inclusive frameworks and best practices.

Participant numbers are strictly limited, please visit www.livingproud.org.au to view the training calendar and register.

For more information please contact Lorna Graham-Geraghty on 08 9420 7202 or email training@livingproud.org.au



Government of **Western Australia**
Mental Health Commission



Living Proud
LGBTI Community Services of WA